



Fit for a King

A Judy Hopkins Mystery

Step 1

Page 1 of 2

Make a pieced runner or narrow wall hanging, 15" x 60" including borders.

All quick cut; uses 4 different fabrics.

Total yardage required:

2-3/8 yards plus backing.

Eight steps.

This project is geared toward quilters who are comfortable with basic rotary cutting and machine piecing techniques.

014MM 022406 © 2006 Judy D. Hopkins
for SQE Professional™ Magazine
May 2006

Fabric

Fabric requirements include fabric for borders and binding.

Use 42"-wide fabric (at least 40 usable inches after preshrinking.)
You'll need:

1/3 yard LIGHT fabric, for background

1/2 yard LIGHT-MEDIUM fabric, for background

1 yard MEDIUM fabric, for blocks, seamed border and binding

1/2 yard DARK fabric, for blocks

Prints or solids. Avoid obviously directional prints.

The LIGHT and LIGHT-MEDIUM background fabrics are "supporting players," so neither of them should be too showy. The LIGHT-MEDIUM fabric should be darker than the LIGHT, but lighter than the MEDIUM. These two fabrics can both be the same color, just different in value, or you can use two different colors.

For this quilt, I might use gold or red for the MEDIUM, but other colors would work well too. If you use a print, select a small- to medium-scale print that doesn't contain large light areas.

If you use a print for the DARK, choose a small- to medium-scale, tone-on-tone print that "reads" like a solid.

Fabric requirements include fabric for borders and binding.

The cutting instructions are on the back of this page.

The shaded boxes below are keyed to the drawings that will appear in the sewing steps. Cut a snip from each of your fabrics and tape or glue the snips near the appropriate shaded boxes. You'll find this reference guide helpful as you proceed through the step-by-step instructions for the quilt.



Light



Light-Medium



Medium



Dark

Always use a 1/4" seam allowance. Test your seam allowance before you start constructing your quilt, as follows:

1. From scraps, cut three strips, EXACTLY 2" wide and about 4" long. Join the strips as shown at right, and press seams to one side.
2. Measure the center strip. If it doesn't measure EXACTLY 1-1/2" wide, adjust your needle position or seam guide and try again.

